

NEW FOR
2023/24

Hello from SIPS Catering!

For anyone that doesn't know us, we're part of the SIPS Education family - a not-for-profit organisation based in West Bromwich. SIPS provides a range of services to schools, and we're proud to be the caterer of choice for your child's school. We're education catering specialists and work in partnership with lots of schools in the local area.



Something For Everyone

Welcome to our new menu! We had some great feedback about our last one, so we've built the new menu to include some favourite dishes and have created plenty of exciting and innovative ones.

We're always thinking about the ingredients in our meals, and our recipes are designed to be inclusive and suitable for children with a range of tastes and requirements.

- 👍 Variety of Plant-based Foods
- 👍 More 'Free From' dishes, including our new No-Egg Cakes & Desserts
- 👍 Fewer Allergens to Increase Choice
- 👍 Supporting Faith & Lifestyle Diet Types
- 👍 Buying Sustainably & Reducing Waste

There is such a thing as a FREE SCHOOL LUNCH

School meals for Reception, Years 1 & 2 are **FREE** regardless of circumstances.

They are worth over £450 per child, each year.* Older children in Years 3 - 6 may still be entitled to free school meals.

WHY NOT APPLY TO FIND OUT?

TO APPLY FOR FREE SCHOOL MEALS
PLEASE VISIT:

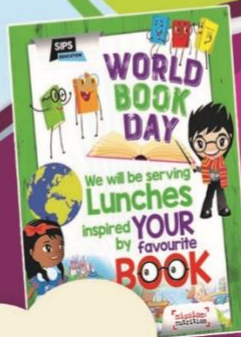
www.gov.uk/apply-free-school-meals



Food THEME DAYS add fun and inspire children to try a school meal!

Check out our exciting theme days!

Here are some
you can look
forward to.



Week 1

Week 2

Week 3

Monday

Cheesy Quesadilla, Sweetcorn,
Broccoli or SaladFishless Fingers, Sweetcorn,
Broccoli or SaladBaked Apple Sponge & Custard
Muller Yoghurt
Fresh Fruit SaladQuorn Southern Style Burger,
Savoury Rice, Broccoli or Salad.Margherita Pizza Pasta Bake,
Broccoli or SaladArctic Roll
Chocolate Mousse
Fresh Fruit SlicesFish Fingers, Mashed Potatoes,
CarrotsMac 'n' Cheese, Herby Bread,
Carrots or SaladChocolate & Cherry Muffin
Muller yoghurt
Fresh Fruit salad

Tuesday

Chicken Meatballs & Gravy,
Mashed Potato, Vegetable
MedleyVegan Meatballs & Gravy,
Mashed Potato, Vegetable
MedleyBrownie Bites & Mandarins,
Vanilla ice cream or Melon sliceRoast Chicken & Gravy, Roast
Potato, Broccoli, CarrotsDahl, Bombay Potatoes, Naan
Bread or SaladOaty Apple Crumble & Custard
Frozen Strawberry Yoghurt
Fresh Fruit PlatterChicken Curry, Brown & White
Rice, Naan Bread or SaladVegetable Curry, Brown & White
Rice, Naan Bread or SaladLemon Slice & Custard
Fruit Jelly
Fresh Fruit Slices

Wednesday

Brunch Lunch (Sausage, Beans,
Omelette, Hash Brown)Veggie Brunch (Veggie Sausage,
Beans, Omelette, Hash Brown)Chocolate Crispies
Fruit Jelly
Fresh Fruit SlicesChilli & Cheese Loaded Wedges,
Carrots or SaladSticky Sausage, Loaded Wedges,
Carrots or SaladChocolate Cookie
Muller Yoghurt
Melon SlicesPork Sausage, Jacket Wedges,
Spaghetti HoopsVegetarian Sausage, Jacket Wedges,
Spaghetti HoopsApple Flapjack & Custard
Vanilla Ice Cream Tub
Melon Slices

Thursday

Cajun Chicken with Pineapple Salsa,
Pasta & Assorted SaladMargherita Pizza, Pasta & Assorted
SaladOat & Raisin Cookie
Muller Yoghurt
Fresh Fruit PlatterPepperoni Pizza or Loaded Pizza,
Sauté Potatoes & Assorted Salad

Jacket Potato with Tuna mayo

Vegan Fruit Muffin
Muller Yoghurt
Melon SlicesBeef Bolognese with Pasta & Garlic
Bread or SaladMargherita Pizza, Pasta, Coleslaw
or Assorted SaladSprinkle Tray Bake & Custard
Very Berry Mousse
Fresh fruit Salad

Friday

Fish Fingers, Chips, Mushy Peas,
Broccoli or SaladQuorn Vegan Nuggets, Chips,
Mushy Peas, Broccoli or SaladCornflake Tart & Custard
Strawberry Mousse
Fresh Fruit SaladHarry Ramsden Battered Pollock,
Chips & Baked BeansCountry Bake, Chips & Baked
BeansIced Shortbread Biscuit
Muller Yoghurt
Fresh Fruit SaladHarry Ramsden's Junior Pollock,
Chips, Mushy Peas or SaladSavoury Pastry Roll, Chips,
Mushy Peas or SaladMelting Moment
Muller Yoghurt
Fresh Fruit Salad

Dates:

2023: 05/06. 26/06. 17/07. 04/09.
25/09. 16/10. 13/11. 04/12.

2024: 08/01. 29/01. 26/02. 18/03

2023: 12/06. 03/07. 24/07. 11/09.
02/10. 23/10. 20/11. 11/12.

2024: 15/01. 05/02. 04/03

2023: 19/06. 10/07. 18/09. 09/10.
27/11. 18/12.

2024: 22/01. 19/02. 11/03

Dishes may change without prior notice. This is a generic menu and may differ to the menu bespoke to your school, check your school's website for full details.