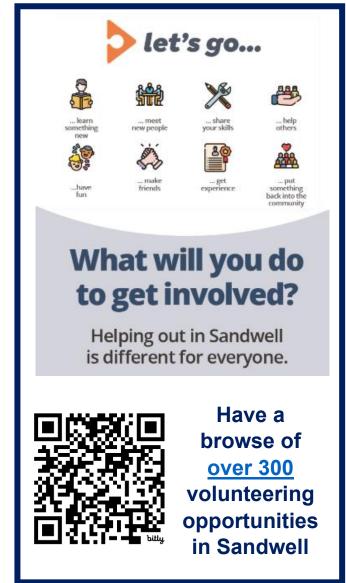


## **INFORMATION SHARING - SUMMER 2025**

Activities/sessions coming up over the Summer for Children, Young People and Families







#### PLEASE NOTE: ACTIVITIES/SESSIONS ARE LISTED IN NO PARTICULAR ORDER. FOR FURTHER DETAILS, PLEASE CONTACT PROVIDER DIRECT – THANK YOU

## Summer of fur Your guide to activities across Sandwell this summer

## Join us for a bostin summer

Sandwell Council's Youth Service will be running free holiday activity and food programmes in Sandwell parks and open spaces across the six towns.

A sange of activities almed at 11 to 19-year-olds (up to 25 for those with SEND), supported by the Holiday Activities and Food (HAF) programme, will be offering some bostin fun and excitement for young people. Check out details for our activity days on page 1.

Young people will be able to access our NEW Youth Bus - kitted out with the latest technology and gadgets. Scale the heights on our mobile climbing wall and take part in multi sports, graffit art and laser fun. Back by popular demand is our skate park coaching and competitions which will be returning to Brunswick Park, Britannia Park and Victoria Park, Tipton.

And don't miss our summer holiday adventure days at Malthouse Outdoor. Activity Centre in Tipton. For children aged eight and over to try out canceling. climbing, abseling and archery.

final youngpeople\_services@sandwell.gov.uk to find out more and





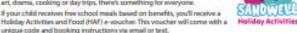
Visit www.justyouth.org.uk for more information on activities and programmes or follow us on Facebook (search 'JustYouthSandwell')



## **Exciting summer activities for children**

As the summer holidays draw near, beace yourself for a spectacular line-up o Sandwall Holiday Activities to keep your youngsters entertained and active.

Funded by the Department for Education, Holiday Activities provide funtantic opportunities for children and young people to explore new interests, create friendships and have fun. Whether it's sports, music, dance, art, drama, cooking or day trips, there's something for everyone.



Head over to holidayactivities.sandwell.gov.uk to find activities offering FREE universal or subsidised spaces. Stay updated by following "Sandwell Holiday Activities" on Facebook.

Become part of the fantastic Go Play Sandwell family with Sandwell Council's play service.

Dive into a summer packed with indoor and outdoor fun including arts and crafts, archery, mud painting, family games and much more! All you need to do in check what's on in your area, show up and play -

Amuzing FREE play sessions are available for all school aged children and families across the borough all year round.

Check out our play sessions calendar at www.goplaysandsesli.co.uk for a full calendar of events and contact details. Follow Go Play Sandwell on Facebook.

Let's make this summer unforgettable with a great range of exciting activities for children and young people of all ages in Sandwell!





## Summer of fun FOR SANDWELL'S

#### Sandwell celebrates National Play Day

Join us as we celebrate the National Play Day - which is back for its 16th year, having already delighted over 10,000 children and families.

Enjoy free food workshops. Dohl dramming workshops and theater productions. Engage in play across the entire site with sporting activities and crafts. Packs picnic and enjoy the summer fun! Don't miss out on this fun-filled day of

Check out our National Play Days surrener dates for more FREE events happening near you across the summer holidays.

Go to www.goplaysandwell.co.uk for more information.

#### Join the Summer Reading Challenge and library activities

Sandwell Libraries celebrate in style this summer with the Story Garden Summer Reading Challenge.

The Summer Reading Challenge encourages repeated visits to libraries across the summer holidays, with fun incertities and sticken for taking part and pertificates and medals for all children who complete the childrenge. Armed at children aged four and over the Story Garden will explore the magic of nature and stories.

For younger audiences, all libraries will be holding interactive Play, Talk, Read sessions. and, if you are lucky, you may see our very own Sandy Bear as he tours around the libraries. We will also be running a special Summer Reading Challenge for under-fours.

Every library will have a packed programme of storytalling, games and crafts - fun for

Contact your local library for their full programme - find out more at www.sandwell.gov.uk/lbrariesonline

and www.visitsandwell.com or search Sandwell Libraries' on Facebook

Visit www.aummerreadingchallenge.org.uk for the Summer Reading Challenge.



BTT-ABLE

#### A sensational summer at Sandwell Museums

Discover and explore Sandwell Museums this summer and enjoy a world of creativity, adventure and entertainment for families to

Cet crefty and decorate bags, create phone charms with beads, make letters, turn nature into art and loads mo

to have been made in Sandwell during the Industrial Revolution

Get messy with day and make pots and tiles, enjoy waside-therned fun with our sandpits and Punch and Judy shows, and by amazed with our science activities.

Travel back in time and join in the fun for Archaeology Week or be adventurous and active while solving problems with the army. May games with Go Play Sandwell and bring a ptcnic to enjoy our grounds and beautiful buildings while you solve our trails. We've also got our new exhibition - The Extraordinary, Ordinary - at Wednesbury Museum & Art Gallery celebrating creative and colourful things you might not expect



Find out full details of what's on at www.sandwell.gov.uk/joininmuseums find out more about Sandwell Museums at www.visitsandwell.com/sandwell-museums and follow us on social media @sandwellmuseums

#### Discover nature close to home Summer fun at leisure centres

Visit Forge Mill Farm and Sandwell Valley Country Park this summer.

Enjoy local outdoor fun and make lasting memories at Sandwell Valley Country Park, which spans over 1,800. acres. Follow us on Facebook

@SandwellValleyCountryPerk for the latest updates on both Sandwell Valley and forge Mill farm.

Explore attractions such as Forge Mill. Farm, the Sandwell Valley Visitor Centre, high ropes courses, an adventure playground, cycling trails and scenic

Forge MATerm is home to care animals. like sheep alpacin and Highland cover. It's a fantastic educational destination



for families and school groups, offering form trails, interactive activities and a farm shop.

Go to www.visitsandwell.com to check out all the activities and events. on offer at Sandwell Valley Country Park and across Sandwell.

#### Community events

Join in all the fun at exciting, familyfriendly community events taking place this summer in Sandwell.

These include the Sandwell & Birmingham Mela, Europe's largest South Asian music festival, which takes dace of Victoria Park in Smethwick on 19 to 20 July

Visit seww.birminghammela.com for more information and tickets.

in August, enjoy ONE fest, a free celebration of African, Caribbean and South American arts and culture at Sandwell Valley Country Park from 23 to 25 August

Register your free attendance for ONE Fest at www.aventbelte.com - search for CNE Fest. The Mela and CNE Fest are community events organised by external organisations



Looking for ways to keep the kids active. engaged and having fun?

well Letsure Trust offers a fantastic range of children's activities - from exciting holiday camps and sports clubs to free ustraming wastern and more.

Whether it's making new friends, learning new skills, or just burning off energy in a sale and fun environment, we've got something for every child.

Spaces fill up fast, so don't miss out! Explore all our activities at

## Free swimming sessions available Free swimming is available for Sandwell children aged 18 and under during designated sessions over the school summer holidays.

For Sandwell Lesure Trust centres - Sandwell Aquatics Centre, Tipton Letsure Centre and Wednesbury Letsure Centre go to www.alt-leisure.co.uk/free-swimming-in-sandwell or Call 0300 012 0121

For West Bromwich Leisure Centre, register for free swimming by visiting reception at the centre or call \$121,580,6430, or go to www.placesleisure.org and search

West Bromwich Leisure Centre

#### Stay safe, stay out!

Stay safe this summer and please only swim in purpose-built, supervised swimming pools.

Lakes, pools, ponds, canals and rivers may seem inviting on a warm. summer's day, but please don't be tempted to swim in them. People can often misjudge their swimming ability. Even in hot seather, water can be icy cold a few feet beneath the surface and very quickly cause severe ctamp and hypothermia.

Go to www.sandwell.gov.uk/watersafety for more advice.



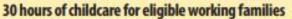


you've not sure what to do next?

Thursday Ld August to

Friday 29 August, 50sm - Ign

corregions Sandwell



From September 2025, eligible working parents can now apply for 30 hours of childcare from the term after their child turns 9 months until they start school.

If you currently receive 15 hours as a working family, just reconfirm as usual and the code self. work for the 30 hours offer in September, providing you remain eligible and your provider has confirmed your new attendance pattern for your increased hours.

Remember to reconfirm your code every three months.

Visit www.childcarechoices.gov.uk for information.

Sandwell Family Information Service (FIS) offers free, impartial information to families with children from birth to 19 years (or up to 25 years with a special educational need or disability), young people and professionals.

FIS can support you to help find the right childcare provider, help with childcare applications. and answer any other childcare-related queries.

Visit the FS Hub fissendwell.gov.uk for national and local services, activities and advice pages.

The hub includes the Sandwell All Age Emotional Wellbeing and Mental Health Directory which provides a wide range of local, regional and national support services for children, young people and their families.

Jandwel Family Information Service



Whether you want to quit smoking, manage your weight, get more active, improve your mental health or reduce alcohol, our friendly advisers are ready to support you.

Getting in touch is easy. Call 0800 011 4656 or 0121 569 5100, email LSgmhunet or text GETHEALTHY to 87007. Follow us on Facebook @HealthySandwell and visit www.healthysandwell.co.uk for more advice:

www.healthysandwell.co.uk

### Pregnant or a new parent?

Are you pregnant or a parent or carer with a child aged 0 to 4?

We are delighted to be able to offer FREE activity vessions for you

go to www.sandwellchanges.co.uk to find out more about our Changes programme and to book your space.

#### Family Hubs are here for you

Our Family Hubs offer the right help, in the right place, at the right time.

They ofter free activities, services and support for all families in Sandwell with children aged 0 to 19 (or 25 with SEND) and extre support is available for families during pregnancy and in your beloy's.

Visit www.aandwellfamilyhubs.com to see what we have on offer this surrower at our seven Family Hulos across Sandwell.

## Courses to help parents and carers

Bringing up children is one of the hisdest jobs out there! Children don't come with an instruction manual, and we all need a bit of help and goldance from time to time.

In Sandwell, we offer a range of support to belp you on your parenting journey - from one-off sessions and online programmes to longer

Search for programmes for parenty at seww.candwellfamilyhubs.com to find out more about what we have on offer this summer at our seven Remain Hubs across Sanchard

Your first step towards a new smoke-free you...





Lave fun and make happy memories together

Our Choices Team helps families with children aged 5 to 12 to join in free activities that support healthy eating, feeling good and staying active. There's lots to try - like arts and costs, gentlering, games, home riding, rock dimbing and more.

All activities are free and take place throughout the year. There's something for everyone to enjoy Visit www.bookwhen.com/thoices.or amail the fearth at choices, sendwell@sendwell.gov.uk

## Sandwell School Nursing Service

Do you have a question about your child's behaviour, foileting, diet or health? Does your child need some support regarding bullying or a healther lifestyle? School numer can provide support and advice for a yelde variety of health needs for children and young people to enable them to reach their full potential.

If you are a parent or carer of a child aged 5 to 19 in a Sandwell school and would like confidential advice and support, visit www.healthforkid\_co.uk for information or access Chaptenaith by testing 07312 263 756 to contact a manus closedly

All primary schools are offered the opportunity to host a purers drop-in facilitated by the School Nursing Service, so speak to your school to find out more.

Visit www.healthysandwell.co.uk/school-nurse to find out more.

## WorkWell in Sandwell

Across Sandwell, WorkWell is helping residents take meaningful steps towards employment, personal growth and improved wellping. Led by Black Country Healthcare Nº 5 Foundation Trust Workshell often ballored support for residents facing benties, to work due to health consistons or disabilities. Through one-to-one support and access to local resources, the service helps people build confidence, manage their health and explore routes, into employment or training

you wave blackcount you theartheare the unknown basel to find out more.



### Walking for men's mental health

A big thank you to everyone who joined us for our 52-kilometre Walk in the Park Challenge and stood shoulder to shoulder for men's mental health.

Councillor Jackie Taylor, Cabinet Member for Adult Services and Health and Wellbeing, and Councillor Luke Cotterill led a six-park, three-day walking challenge in June, which finished at

Whether you walked with us, cheered everyone on or provided activities, games or advice along the way, thank you.

Visit www.healthysandwell.co.uk or call Healthy Sandwell on 0800 011 4656 for advice and support around mental health and wellbeing.



View the Summer of Fun brochure online HERE

Lots of fun exciting activities/sessions coming up at Sandwell Family Hubs over the summer - for further information about activities listed, please contact one of the Family Hubs - contact details can be found HERE



# READY FOR LEARNING SESSIONS

Is your little one starting nursery soon?

This is a great chance to come along and explore the skills to support your child to be ready for learning.

Lots of fun activities for you and your little one to enjoy.

Details of sessions are on each weeks timetables.

Sessions for children 18 months - upto 3 years (younger & older siblings are welcome)





All session content will be the same so please just come along to one of these sessions during the summer to enable as many families to access as possible over the summer

# STAY & PLAY SESSIONS

Sessions are for children aged 0-5(Older siblings welcome)

These sessions will be based on a different story each week There are a few clues below to the stories we will be sharing!

- Make new friends
- Take part in fun activities
- · Learn through play
- Develop speech & language
- Encourage turn taking and
- Explore new and exciting opportunities
- Bring stories to life
- Share songs and rhymes with your children



All session content will be the same so please just come along to one of these sessions during the week to enable as many families to access as possible each week













Starting 21st July 2025



## STORY GARDEN SESSIONS

Tuesday 22<sup>nd</sup> July Blackheath Library 10 - 11.15am



Tuesday 22<sup>nd</sup> July Wednesbury Library 1.30 - 2.45pm



## READY FOR LEARNING SESSIONS

Thursday 24<sup>th</sup> July West Bromwich Central Family Hub 10 - 11am



Thursday 24<sup>th</sup> July Smethwick Family Hub 1 - 2pm

Friday 25<sup>th</sup> July Oldbury Family Hub 10 - 11am



## STAY & PLAYS



## Oldbury

Oldbury Family Hub Wednesday 1- 2pm

### **Smethwick**

Smethwick Family Hub
Wednesday
1 - 2pm

## Rowley

Flying Start

Thursday 10 - 11am

#### **Tipton**

Great Bridge Tipton
Library Family Hub
Wednesday Friday
10-11am 1 - 2pm

## Wednesbury

Wednesbury Family Hub Wednesday 1- 2pm

#### **West Bromwich**

West Bromwich Central Family Hub
Friday
1 - 2pm













# STAY & PLAYS Week 2



## STORY GARDEN SESSIONS

Tuesday 28th July **Great Barr** Library 10 - 11.15am



Friday 1st August Glebefields Library 10-11.15am

## Oldbury

**Oldbury Family Hub** 

Mondays Wednesday 10 - 11am 1-2pm

### **Smethwick**

**Smethwick Family Hub** 

Monday Wednesday 10 - 11am 1 - 2pm



## READY FOR LEARNING SESSIONS

Monday 28<sup>th</sup> July **Tipton Family Hiub** 1 - 2pm



Wednesday 30<sup>th</sup> July Rowley Family Hub 1 - 2pm

Tuesday 29th July Rowley Family Hub 1 - 2pm

Wednesday 30<sup>th</sup> July Wednesbury Family Hub 10 - 11am

Rowley Rowley Flying Start Family Hub

Mondays Thursday 1 - 2pm 10 - 11am

## **Tipton**

Great Bridge **Tipton** Family Hub Library Wednesday Friday 10-11am 1 - 2pm

## Wednesbury

Wednesbury Family Hub

Mondays Wednesday 10 - 11am 1-2pm

### **West Bromwich**

West Bromwich Central Family Hub

Tuesday Friday 9.30 - 10.30am 1 - 2pm





Starting 4<sup>th</sup> August 2025





## STORY GARDEN SESSIONS

Tuesday 5<sup>th</sup> August Thimblemill Library 10 - 11.15am



Tuesday 5<sup>th</sup> August Bleakhouse Library 10 - 11.15am

Friday 8<sup>th</sup> August Stone Cross Library 10 - 11.15am

## Rowley

Oldbury

**Oldbury Family Hub** 

Mondays Wednesday

Rowlev Family Hub Monday

10 - 11am

Thursday

Flying Start

1-2pm

10 - 11am 1 - 2pm

## **Tipton**

Great Bridge **Tipton** Library Family Hub

**Smethwick** 

**Smethwick Family Hub** 

Wednesday 10-11am

Monday

10 - 11am

Friday 1 - 2pm

Wednesday

1 - 2pm

Wednesbury

Wednesbury Family Hub

Mondays Wednesday 10 - 11am

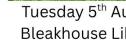
1-2pm

### **West Bromwich**

West Bromwich Central Family Hub

Tuesday Friday 9.30 - 10.30am 1 - 2pm







## READY FOR LEARNING SESSIONS

Monday 4<sup>th</sup> August Tipton Family Hub 1 - 2pm



Friday 8<sup>th</sup> August Smethwick Family Hub 10 - 11am

Tuesday 5<sup>th</sup> August Rowley Family Hub 1 - 2pm

Wednesday 6<sup>th</sup> August Oldbury Family Hub 1.30 - 2.30pm

Thursday 6<sup>th</sup> August West Bromwich Central Family Hub 10 - 11am











STAY & PLAYS







## STAY & PLAYS



## READY FOR LEARNING SESSIONS

Tuesday 12<sup>th</sup> August Wednesbury Family Hub 1 - 2pm

Wednesday 13<sup>th</sup> August

Oldbury Family Hub

1.30 - 2.30pm

Friday 15<sup>th</sup> August Smethwick Family Hub 10 - 11am

Friday 15<sup>th</sup> August Rowley

Family Hub



Thursday 14<sup>th</sup> August West Bromwich Central Family Hub 1 - 2pm

Thursday 14<sup>th</sup> August **Tipton Family Hub** 11.30 - 12.30



## Oldbury

**Oldbury Family Hub** 

Mondays Wednesday 10 - 11am 1-2pm

## **Smethwick**

**Smethwick Family Hub** 

Monday Wednesday 10 - 11am 1 - 2pm

## Rowley

Rowley Flying Start Family Hub Monday Thursday 1 - 2pm 10 - 11am

## **Tipton**

Great Bridge Tipton Library Family Hub Wednesday Friday 10-11am 1 - 2pm

## Wednesbury

Wednesbury Family Hub

Mondays Wednesday 10 - 11am 1-2pm

## **West Bromwich**

West Bromwich Central Family Hub

Monday Friday 9.30 - 10.30am 1 - 2pm



















Starting 18<sup>th</sup> August 2025



Tuesday 22<sup>nd</sup> July Oakham Library 10 - 11.15am





## READY FOR LEARNING SESSIONS

Tuesday 19<sup>th</sup> August Wednesbury Family Hub 1 - 2pm



Thursday 21<sup>st</sup> August Tipton Family Hub 11.30 - 12.30 Thursday 21<sup>st</sup> August West Bromwich Central Family Hub 1 - 2pm

Friday 23<sup>rd</sup> August Rowley Family Family Hub 10 - 11am

## STAY & PLAYS



## Oldbury

Oldbury Family Hub

Mondays Wednesday
10 - 11am 1- 2pm

### **Smethwick**

**Smethwick Family Hub** 

Monday Wednesday
10 - 11am 1 - 2pm

## Rowley

Rowley Flying Start
Family Hub
Monday Thursday
1 - 2pm 10 - 11am

## **Tipton**

Great Bridge Tipton
Library Family Hub
Wednesday Friday
10-11am 1 - 2pm

## Wednesbury

Wednesbury Family Hub

Mondays Wednesday
10 - 11am 1- 2pm

## **West Bromwich**

West Bromwich Central Family Hub

Monday Friday 9.30 - 10.30am 1 - 2pm











## **SPEECH & COMMUNICATION DROP IN SESSIONS**

IS YOUR CHILD AGED

Would you like to explore your child's current language skills?

Do you have any concerns regarding your child's speech & language development?

If so please feel to come along to the session below

Oldbury Family Hub Wednesday 27<sup>th</sup> August 9 - 12 & 1 - 4pm

Smethwick Family Hub Wednesday 27<sup>th</sup> August 9 - 12 & 1 - 4pm

West Bromwich Central Family Hub Thursday 28<sup>th</sup> August 9 - 12 & 1 - 4pm

**Tipton Family Hub** Friday 29<sup>th</sup> August 9 - 12 & 1 - 4pm

Rowley Family Hub Friday 29<sup>th</sup> August 9 - 12 & 1 - 4pm

Wednesbury Family Hub Friday 29<sup>th</sup> August 9 - 12 & 1 - 4pm



Saturday 2<sup>nd</sup> August West Bromwich Central Family Hub 10 - 2pm

> Saturday 9th August **Tipton Family Hub** 10 - 2pm

Thursday 14th August **Oldbury Family** Hub 10 - 2pm

Wednesday 6<sup>th</sup> August Rowley Family Hub 10 - 2pm

Tuesday 12<sup>th</sup> August Wednesbury Family Hub 10 - 2pm

> Tuesday 19<sup>th</sup> August **Smethwick Family** Hub 10 - 2pm



For more information give your local hub a call

# Family Drop In Sessions

Parenting does not come with a handbook so we have some different sessions to help you on your parenting journey

Each week has a different focus for you to come and find out more about. Our fab parenting team will be on hand to support you to find out more. Each week we will be exploring and supporting with a different topic!

## Week 1-

What's on and free in Sandwell over the summer holidays for you and the family to enjoy

## Week 2-

Are you pregnant or have a child under 2 years? Come along and ask a midwife any questions you may have and find out about the great sessions that we offer during pregnancy and once your baby is born or now they are here

## Week 3-

Have you completed Cygnet program - do you have other children? This session will offer support, information and strategies in relation to children with a brother or sister on the autistic spectrum.

## Week 4

Now we are coming towards the end of the summer fun come along to get some resoures and fun ideas to get your routines into place ready for September – fun activities for you to create and take home to keep.

## Week 5

Are you a caring for a child or young person as a connected person, foster carer or have you adopted. Come along and see what support we offer at the Family Hubs.

## Week 6

Come along and find out some different strategies to prepare yourself and your children to return back to school next week!

## BARNARDOS



## For Babies 0 - 12 Months

## Monday

Flying Start Clifton Street, B64 6QJ 10 - 11am

Lightwoods House Smethwick, B67 5DP 1 - 2pm

## Tuesday

Oldbury Family Hub Oldbury, D94 7SD 10 - 11am,

## Wednesday

Smethwick Family Hub Smethwick, B66 3PX 11 - 12noon

West Bromwich Central Family Hub West Bromwich, B70 96Z 1 - 2pm

## **Baby Clubs are** a great place for Parent/Carers to...

- Meet other new parents
- Learn about baby development
- Take part in sensory play
- Talk to experienced staff

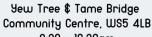
## Thursday

Tipton Family Hub Tipton, DY4 OTB 10 - 11am

Yew Tree & Tame Bridge 9.30 - 10.30am

Wednesbury Family Hub Wednesbury, WS10 0JG 1.30 - 2.30pm

For more information please contact your local Family Hub





Triple P Baby Oldbury Family Hub 9.30-11.30am

Mondays

Triple P Baby

West Bromwich Central

Family Hub

1 - 3pm

Starts 14th July

Tuesdays Triple P Baby Antenatal Wednesbury Family Hub 9.30-11.30am Starts 2<sup>nd</sup> September

Wednesdays Solihull Approach Wednesbury Family Hub 9.30 - 11.30am Starts 3<sup>rd</sup> September

Triple P Baby Rowley Family Hub 9.30 - 11.30am

Would you like to come and meet with other parents? Take part in some fun activities with your baby? If so come along to one of our great sessions below to book your place click the link or scan the QR code

Starts 5<sup>th</sup> June

Wednesdays

Triple P Baby Smethwick Family Hub 1 - 3pm Start at anytime

Solihull Approach is run over ten weeks - this programme will help you explore your thoughts and feelings and what is being communicated by your baby or young child through their behaviour. It will also support you to develop positive parenting and help you to find out about different ways to communicate.

If you would like to you can bring your little ones along to these sessions with you (up to 2 years) and there will be activities for them to explore during the session.





Triple P Baby is an 8 week set of sessions where you get to explore parenting your new baby. Sessions will help to:

- Understand and respond to your baby's cues
- Explore looking after your own emotional wellbeing
- Support your baby's social and cognitive development
- Take part in fun activities with your baby
- Meet other parents
- Explore the Family Hub offer

These sessions can be accessed Antenatally and after your baby has been born.

Sessions are for babies aged 0 - 12 months & their parents



To book a place for you and your baby





**U** 0121 556 5405









# Welcome to your Town Sessions!

Are you a new parent?

Are you new to Sandwell?

Why not come and find out what services are available to you and your family in your town!!

Healthy Start (NHS) will also be there on the day

Please drop-in to one of your local sessions below:

FREE Activities available for children

## When

## Where

8th July 2025	1pm – 3pm	Wednesbury Family Hub WS10 0JG
15th July 2025	1pm – 3pm	West Bromwich Central Family Hub B70 9EZ
22nd July 2025	1pm – 3pm	Smethwick Family Hub B66 3PX
12th August 2025	1pm – 3pm	Rowley Family Hub B65 8JY Come
26th August 2025	1pm – 3pm	Tipton Family Hub DY4 0TB







## PLACES WHERE KIDS EAT FREE (OR FOR £1) SUMMER HOLIDAYS 2025



moneysavingcentral.co.uk/kids-eat-free

#### ANGUS STEAKHOUSE

Kids under 8 eat FREE daily, 12pm to 5pm

#### **ASDA**

Kids eat for £1 daily, with no adult spend

#### **ASK ITALIAN**

Kids under 10 eat for £1 during school holidays

#### BEEFEATER

Kids Eat FREE with Newsletter Voucher this Summer

#### **BELLA ITALIA**

Children eat for £1 with any adult main

#### BILLS

Kids Eat Free weekdays, 21st July - 29th Sept

#### BREWERS FAYRE

Kids Eat FREE with Newsletter Voucher this Summer

#### **BREWDOG**

2 Kids eat free with 1 adult, 19th July - 31st August

#### **BURGER KING**

From 28th July - 31st August, Kids Eat Free (via app)

#### CHIOUITO

Kids eat FREE Daily Until August 31st

#### DOBBIES GARDEN CENTRES

Kids eat for £1 with an adult breakfast or lunch

#### FRANKIE & BENNY'S

Kids Eat Free from 14th July - 31st August 2025

#### **FUTURE INNS**

Under 5s eat for free with any adult meal

#### **GORDON RAMSEY RESTAURANTS**

Kids under 10 eat FREE all day, every day

#### **HARVESTER**

Kids eat for £1, Mon - Fri via the App

#### **HUNGRY HORSE**

Kids eat for £1 on Mondays

#### **IKEA**

Kids get a meal from 95p daily from 11am

#### LAS IGUANAS

Kids under 12 eat FREE with 'My Las Iguanas' App

#### MARCO PIERRE WHITE

Kids under 12 Eat FREE daily with an adult spend

#### MORRISONS

Kids Eat FREE all day, every day with a £5 spend

#### PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend after 3pm

#### PREMIER INN & TRAVELODGE

2 kids eat for FREE with 1 adult breakfast

#### **PRETO**

Kids up to age 10 eat free with 1 paying adult

#### **PUREZZA**

Kids under 10 get free pizza with every adult meal

#### **SA BRAINS PUBS**

Kids eat for £1 on Wednesdays

#### SIZZLING PUBS

Kids eat for £1, Every Monday to Friday, 3 - 7pm

#### **TABLE TABLE**

2 Kids Eat free breakfast daily with 1 paying adult

#### **TESCO**

Kids Eat FREE with a 60p spend until Aug 31st

#### TGI FRIDAYS

Kids Eat Free with any adult meal (Via App)

#### THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

#### TOBY CARVERY

Kids eat for £1 all day (weekdays) until Aug 29th

#### WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

#### YO! SUSHI

Kids eat free all day (weekdays) in school holidays

#### ZIZZI

Kids eat free this summer holidays (ex Saturdays)

Copyright of MONEY SAVING CENTRAL







## MULTI-SKILLS SUMMER CAMP

BOXCLEVER Mentoring

Sandwell

Activities including boxing, football, dodgeball, first aid skills + BSL

> Monday 28th - Thursday 31st July **Uplands Manor Primary School, B67 6HY** 

> Monday 4th - Thursday 7th August St. Michaels CE High School, B65 9AN

Free for any 8-16 year old Scan the QR code to sign up

**SCANME!** 

> Monday 18th - Thursday 21st August Phoenix Collegiate, B71 2BX

10am - 2pm each day









**BoxClever Mentoring** 

Please note, this is not a HAF Camp so each young person will be expected to bring their own packed lunch and enough drinks for the day.









## GO PLAY SANDWELL FREE PLAY SESSIONS

### SUMMER HOLIDAY SESSIONS IN TIPTON:

Week	Wednesday	Thursday	
23 <sup>rd</sup> and 24 <sup>th</sup> July	12pm-4pm Tipton Play Day Event! Farley Park (B70 0QH)		
20 <sup>th</sup> and 21 <sup>st</sup> July	10amTipton Library ( DY4 8SR) 10am-12pm	10am-12pm Farley Park (B70 0QH)	
30 <sup>th</sup> and 31 <sup>st</sup> July	1pm-4pm Victoria Park (DY4 8SD)	1pm-4pm Tibbington Play	
6 <sup>th</sup> and 7 <sup>th</sup> August	Sandwell Play Day! Sandwell Valley Visitors centre (B71 4BG) 12pm-4pm	Area (DY4 9QT)	
13 <sup>th</sup> and 14 <sup>th</sup> August	10am-12pm Tipton Library ( DY4 8SR)	10am- 12pm Farley Park (B70 0QH)	
20 <sup>th</sup> and 21 <sup>st</sup> August	1pm-4pm Victoria Park (DY4	1pm-4pm	
27 <sup>th</sup> and 28 <sup>th</sup> August	8SD)	Jubliee Park (DY4 ORL)	

JOIN US FOR CRAFTS, LOOSE PARTS PLAY, TABLETOP GAMES AND SO MUCH MORE! ALL GO PLAY SESSIONS ARE FREE, OPEN ACCESS (SO COME ALONG AT ANY TIME) AND DO NOT REQUIRE BOOKING, SESSIONS ARE AIMED AT FAMILIES WITH CHILDREN AGED 6-12 AND UP TO 19 WITH ADDITIONAL NEEDS.

SESSIONS ARE NOT DROP-OFF SESSIONS.

FOR MORE INFORMATION CONTACT JOHNNY.LOMAX@GROUNDWORK.ORG.UK





THE HUB PROGRAMME PRESENTS

## **OUTDOORS MINI-EXPLORERS**

NATURE BASED ACTIVITIES FOR 0 TO 2 YEARS OLD BABIES AND TODDLERS AND THEIR FAMILIES. COME AND DISCOVER NATURE WITH US LEARNING THROUGH PLAY



### **WEEKLY POP-UP SESSIONS**

JOIN US!

FROM 10:30 - 12:00 SOUTH SANDWELL

#### WEST SMETHWICK PARK B67 7JJ

TUESDAY 22/07 TUESDAY 29/07 TUESDAY 05/08

#### HADEN HILL PARK B64 7JU

FRIDAY 25/07 FRIDAY 01/08 FRIDAY 08/08

#### BARNFORD PARK B68 8ED

TUESDAY 12/08 TUESDAY 19/08 TUESDAY 26/08

#### LIGHTWOODS PARK B67 5DP

FRIDAY 15/08 FRIDAY 22/08 FRIDAY 29/08

Contact us in Facebook and Instagram @thehubprogramme / Send us an email hubprogramme@groundwork.org.uk

Created by



Supported by

Family Hubs

Funded by













## Holiday Activities - SEND

Sandwell Holiday Activities offer exciting opportunities for children who live or go to school in Sandwell to take part in activities during school holidays. There is lots of choice right across Sandwell with different activities happening in each town. Activities are for children aged between school age 5-16 years.

Summer activities will run from Monday 21st July 2025 – Saturday 30th August 2025 (excluding Sundays and Bank holidays)

If your child is eligible for HAF then you will have received an email or text with a HAF activity voucher containing unique HAF codes for your child and a link that enables you to book activities.

If your child does not meet the criteria, you can find other activities on our website (some may have a charge attached) visit https://holidayactivities.sandwell.gov.uk/

Here are some of our SEND specific activities across Sandwell:

#### Exclusive provision for children with SEND:

KIDS Specialist Provision - Provide borough wide activities focused around the social, physical, sensory and emotional needs of the children / young people with SEND. Activities will take place at Wednesbury Leisure Centre, The Chestnut Carvery, Langley Park Lodge, Brook St Community Centre, Odeon, New Square, West Bromwich, Spacehoppas Play Zone, Good Sheppard Church, West Bromwich Leisure Centre and Sandwell Valley Park.

Fantastic Journeys at Windmill Community Centre - Fantastic Journeys is a social enterprise providing a multi-sensory music and movement session for children with additional needs.

The Albion Foundation at Portway Lifestyle Centre - Providing a wide range of multi-sports and many other enriching activities for children with SEND.

4 Community Trust SEND at 4 Community Trust Hub in West Bromwich - Offer a range of activities, arts & crafts, drama, dance, cooking, healthy eating, nutrition workshops, sports, digital, games, social play, themed activities, sensory play plus much more.

Real Arts Workshop at Wednesbury Library - Bespoke creative experiences including Art, Crafts, British Sign Language (BSL), and Music/Sign Song, designed to challenge and engage learners.

#### Inclusive provision to meet SEND needs:

Ideal For All at Salop Drive Market Garden & Barlow Road Community Garden - Welly to Belly! Activities focused around the social, physical, sensory and emotional needs of the children / young people with SEND.

Warrens Hall Riding School at Oakham Road - The activities include stable management, lunch, pony grooming, and horseback riding. We also offer craft and sensory activities.

Forge Mill Farm at Forge Lane - Activities will include exploring the forest and farm, and nature-based crafts, in a safe, fun environment designed for young people with SEND.

To contact the providers or find out more search SEND on our website!

Go Play Sandwell - FREE play for all ages https://goplaysandwell.co.uk/



Click HERE

Stay Social Like us on Facebook @SandwellHAF

## Come along to our Chatterbox Library summer event



Monday 28th July @ Wednesbury Library

Walsall Street, Wednesbury WS10 9EH

10:00 am - 11:30 am

**The Very Hungry Caterpillar** 



Play Crafts Stories Rhy

For 0-5 year olds

For more info ring:01215441393 or email early.years@singlepointplus.org

Supported by



## Come along to our Chatterbox Library summer event



Monday 11<sup>th</sup> August @ Stone Cross Library
Beverley Road, West Bromwich
B71 2LH

10:00 am - 11:30 am

The Gruffalo



## Come along to our Chatterbox Library summer event



Tuesday 19<sup>th</sup> August @ Hamstead Library
Tanhouse Centre, Hamstead Road,
Great Barr
B43 5EL

2.00pm till 3.00pm

Squash and a Squeeze



Crafts Rhymes Stories
For 0-5 year olds

For more info ring:01215441393 or email: //early.years@singlepointplus.org

Supported by









Pop in and join your local peer support worker for a chat about your babies development.

Being a parent with a new baby, do you worry about any of the following...

- Sleeping/eating difficulties
- Development

- Routine Adjustments
- Getting pre school ready

we are here to support you and your baby with...

 Playing and learning

- Friendly professional advice
- Socialising with other families

Lets tackle parenting worries or concerns together!

Coneygre Early Years and child Development Centre Sedgley Road East Tipton
DY48UH

012156928 60

First Session - Monday 28th April 2025 (Then the Last Monday of every month) 1.00 2.30pm

Peer Support Worker contact details:

Tel:0121 544 1393 Email: early.years@singlepointplus.org



## Buggy Walk at Sandwell Valley Country Park

Visit your local park, spend time with your little ones, get active and meet other new parents!

- (1) Tuesdays, 10am-12pm.
- Sandwell Valley Country Park, West Bromwich, B71 4BG.

Meet at the Courtyard Kitchen Cafe at the Sandwell Valley Visitors Centre at 10am. First walk Tuesday 15<sup>th</sup> July.

**™** Contact us: sandwellags@theaws.org

#### Supported by:







@tawsociety





We find the support you need

# TIPTON PRE-LOVED SCHOOL UNIFORM BANK

Have you got school uniform you no longer need?

FREE

Drop off any pre-loved, clean uniform you no longer need so other local children can benefit from it!

Drop off:

- Tuesday 22 July 2025 Friday 25 July 2025
- 10am 2pm
- Jubilee Park Community Centre, Powis Avenue, Tipton, DY4 0RJ











#### Need some school uniform for the new term?

Come along to see what school uniform is available and take what you need.

Collection:

Friday 15 August 2025 (=

10am - 1pm (L)

Jubilee Park Community Centre, Powis Avenue, Tipton, DY4 0RJ

Call 0121 520 0234 for more information!









### SDCA COCHLEAR IMPLANT SUPPORT GROUP FOR CHILDREN AND YOUNG PEOPLE (AGES 8-11

The SDCA Cochlear Implant Support Group (Ages 8–11) is a welcoming space where children with cochlear implants can come together to connect, share their experiences, and support one another in a fun and understanding environment.

This group meets on a monthly basis at the Friar Park Millennium Centre.

Location: Friar Park Millennium Centre, Friar Park Road, Wednesbury, WS10 0JS

Monthly Meetings.

#### Our Goal:

- Combat loneliness and boost mental well-being
- Provide a safe space for open discussion about cochlear implant experiences
- Share helpful tips and advice.

#### Guest speakers may cover topics such as:

- @ Caring for your cochlear implant as children and young people
- Sports and activities you can enjoy with a cochlear implant
- Handling school and social challenges with confidence
- Building confidence and embracing your identity.

This event will also feature **fun activities** to help your children and young people **connect** with others and feel **supported** in their cochlear implant journey.

# For More Information or to Sign Up, Contact: Craig Pothecary, Wellbeing Coach



Email: craig\_pothecary@sdca.co.uk



Text/WhatsApp/FaceTime: 07791 921011



## COCHLEAR IMPLANTS GROUP FOR CHILDREN (8-11 YEARS)



Complete the survey by telling us what you want from the group!

Your insights are invaluable. Participate in our survey today!



craig\_pothecary@sdca.co.uk



07791 921011 Text/Facet

Text/Facetime/WhatsApp



@DEAF.SANDWELL



WWW.SDCA.CO.UK



## SDCA COCHLEAR IMPLANT SUPPORT GROUP FOR CHILDREN AND YOUNG PEOPLE (AGES 11-17)

The SDCA Cochlear Implant Support Group (Ages 11-17) is a welcoming space where children and young people with cochlear implants can come together to connect, share their experiences, and support one another in a fun and understanding environment.

This group meets on a monthly basis at the Friar Park Millennium Centre.

📍 Location: Friar Park Millennium Centre, Friar Park Road, Wednesbury, WS10 0JS

Monthly Meetings.

#### Our Goal:

- Combat loneliness and boost mental well-being
- · Provide a safe space for open discussion about cochlear implant experiences
- Share helpful tips and advice.

#### Guest speakers may cover topics such as:

- @ Carina for your cochlear implant as children and young people
- Sports and activities you can enjoy with a cochlear implant
- 👹 Handling school and social challenges with confidence
- Building confidence and embracing your identity.

This event will also feature fun activities to help your children and young people connect with others and feel supported in their cochlear implant

## <u>For More Information or to Sign Up,</u> Contact: Craig Pothecary, Wellbeing Coach







Your insights are invaluable. Participate in our survey today!



craig\_pothecary@sdca.co.uk



07791 921011 Text/Facetime/WhatsApp



@DEAF.SANDWELL



WW.SDCA.CO.UK







## WEDNESBURY

JULY 2025					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
30	1	2	3	4	
•	HILL TOP PARK 15:00-17:30 B70 ORZ	•	BRUNSWICK PARK 15:00 - 17:30 WS10 9HH	•	
7	8	9	10	11	
•	HILL TOP PARK 15:00-17:30 B70 ORZ	•	BRUNSWICK PARK 15:00 - 17:30 WS10 9HH	•	
14	15	16	17	18	
•	HILL TOP PARK 15:00-17:30 B70 ORZ	•	BRUNSWICK PARK 15:00 - 17:30 WS10 9HH	•	
21	22	23	24	25	
•	•	•	BRUNSWICK PARK 11:00 - 16:00 WS10 9HH	HYDES ROAD PARK 11:00 - 16:00 WS10 0DH	
28	29	30	31		
•	BRUNSWICK PARK 11:00 - 16:00 WS10 9HH	PLAY DAY EVENT LIGHTWOODS PARK 12:00 - 16:00 B67 5DP	HYDES ROAD PARK 11:00 - 16:00 WS10 0DH	•	





## **JULY 2025**

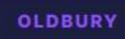
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1	2	3	4
•	UNETT STREET OPEN SPACE 15:00 - 17:30 B66 3SS	HARRY MITCHELL PARK 15:00 - 17:30 B67 GAW	•	•
7	8	9	10	11
•	UNETT STREET OPEN SPACE 15:00 - 17:30 B66 3SS	HARRY MITCHELL PARK 15:00 - 17:30 B67 GAW	•	•
14	15	16	17	18
•	UNETT STREET OPEN SPACE 15:00 - 17:30 B66 3SS	HARRY MITCHELL PARK 15:00 - 17:30 B67 GAW	•	•
24	25	26	27	28
•	LIGHTWOODS PARK 11:00 - 16:00 B67 5DP	HARRY MITCHELL PARK 11:00 - 16:00 B67 GAW	•	•
28	29	30	31	
VICTORIA PARK 11:00 - 16:00 B66 3NT	•	PLAY DAY EVENT LIGHTWOODS PARK 12:00 - 16:00 B67 5DP	•	•



## WEST BROMWICH

## **JULY 2025**

TO SECURE OF THE PARTY OF THE P	and the second second	STATE OF THE PERSON NAMED IN	promove weeks	SERVICE STREET
MONDAY	TUESDAY	WEDNESDAY		FRIDAY
30	1	2	3	4
MARSH LANE GREEN SPACE 15:00 - 17:30 B71 2JN	•	KENRICK PARK 15:00 - 17:30 B70 GDU	•	MARL HOLE PARK 15:00 - 17:30 B70 9NT CHARLEMONT PLAYING FIELD 15:00 - 17:30 B71 3PJ
7	8		10	11
DENBIGH DRIVE GREEN SPACE 15:00-17:30 B71 25H	•	KENRICK PARK 15:00 - 17:30 B70 6DU	•	MARL HOLE PARK 15:00 - 17:30 B70 9NT CHARLEMONT PLAYING FIELD 15:00 - 17:30 B71 3PJ
14	15	16	17	18
DENBIGH DRIVE GREEN SPACE 15:00-17:30 B71 2SH	•	KENRICK PARK 15:00 - 17:30 B70 6DU	•	MARL HOLE PARK 15:00 - 17:30 B70 9NT CHARLEMONT PLAYING PIELD 15:00 - 17:30 B71 3PJ
24	25	26	27	28
KENRICK PARK 15:00 - 17:30 B70 6DU	OAK HOUSE MUSEUM 11:00-16:00 B70 8HJ	RED HOUSE PARK 11:00-16:00 B43 6NA	•	CHARLEMONT PLAYING FIELD 11:00 - 16:00 871 3PJ
28	29	30	31	- 1
RED HOUSE PARK 11:00-16:00 B43 GNA	OAK HOUSE MUSEUM 11:00-16:00 870 8HJ	PLAY DAY EVENT LIGHTWOODS PARK 12:00 - 16:00 B67 5DP	KENRICK PARK 15:00 - 17:30 B70 6DU	CHARLEMONT PLAYING FIELD 13:00 - 16:00 B71 3PJ



## **JULY 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
30	1	2	3	4		
BROADWELL PARK 15:00 - 17:30 B69 4AE	•	•	LANGLEY PARK 15:00 - 17:30 B69 4SL	•		
7		9	10	11		
BROADWELL PARK 15:00 - 12:30 B69 4AE	•	•	LANGLEY PARK 15:00 - 17:30 B69 4SL	•		
14	15	16	17	18		
BROADWELL PARK 15:00 - 17:30 B69 4AE	•	•	PARK 15:00 - 17:30 B69 4SL	•		
24	25	26	27	28		
TIVIDALE PARK 12:00 - 14:30 B69 2HU	•	•	PARK 11:00 - 16:00 B69 4SL	•		
28	29	50	31	1.		
•	•	PLAY DAY EVENT LIGHTWOODS PARK 12:00 - 16:00 867 SDP	•	TIVIDALE PARK 11:00 - 16:00 869 2HU		









Contact for more information hello@poweredbycan.org









goplaysandwell.co.uk



#goplaysandwell

## WEDNESBURY

	AUGUST 2025					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
28	29	30	31	1		
•	BRUNSWICK PARK 11:00 - 16:00 WS10 9HH	PLAY DAY EVENT LIGHTWOODS PARK 12:00 - 16:00 B67 50P	HYDES ROAD PARK 11:00 - 16:00 WS10 0DH	•		
4	s	6	7	0		
•	•	PLAY DAY EVENT SANDWELL VALLEY 12:00 - 18:00 B71 4BG	HYDES ROAD PARK 11:00 - 16:00 WS10 0DH	•		
11	12	13	14	15		
•	•	•	BILSTON PLAY AREA 11:00 - 16:00 WS10 7JD	HILL TOP PARK 11:00 - 16:00 B70 ORZ		
10	19	20	21	22		
•	•	PLAY DAY EVENT BROMWICH HALL MUSEUM 12:00 - 18:00 B71 2EA	BILSTON PLAY AREA 11:00 - 16:00 WS10 7JD	•		
25	26	27	28	29		
•	HILL TOP PARK 11:00-16:00 B70 ORZ	•	BILSTON PLAY AREA 11:00 - 16:00 WS10 7JD	•		

## SMETHWICK

## **AUGUST 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
VICTORIA PARK 11:00 - 16:00 B66 3NT	•	PLAY DAY EVENT LIGHTWOODS PARK 12:00 - 16:00 B67 50P	•	•
4	5	6	7	
•	BRASSHOUSE COMMUNITY CENTRE 11:00-16:00 B66 1BA	PLAY DAY EVENT SANDWELL VALLEY 12:00 - 16:00 871 486	•	•
11	12	13	14	15
HARRY MITCHELL PARK 11:00 - 16:00 B67 6AW	VICTORIA PARK 11:00 - 16:00 B66 3NT	•	•	•
10	19	20	21	22
HARRY MITCHELL PARK 11:00 - 16:00 B67 6AW	VICTORIA PARK 11:00 - 16:00 B66 3NT	PLAY DAY EVENT BROMWICH HALL MUSEUM 12:00 - 16:00 871 2EA	•	•
25	26	27	28	29
•	VICTORIA PARK 11:00 - 16:00 866 3NT	HARRY MITCHELL PARK 11:00 - 16:00 B67 6AW	•	•

## WEST BROMWICH

#### AUGUST 2025

AUGUST 2025					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28	29	30	31	1	
RED HOUSE PARK 11:00 - 16:00 B43 6NA	0AK HOUSE MUSEUM 11:00-16:00 870 8HJ	PLAY DAY EVENT LIGHTWOODS PARK 12:00 - 18:00 B67 50P	KENRICK PARK 11:00 - 18:00 B70 6DU	CHALEMONT PLAYING FIELD 11:00 - 16:00 871 3PJ	
4	5	6	7		
BROMWICH HALL MUSEUM 10:00 - 15:00 B71 2EA	0AK HOUSE MUSEUM 11:00-16:00 870 SHJ	PLAY DAY EVENT SANDWELL VALLEY 12:00 - 16:00 871 486	•	CHALEMONT PLAYING FIELD 11:00 - 16:00 871 3PJ	
11	12	13	14	15	
BROMWICH HALL MUSEUM 10:00 - 15:00 B71 2EA	0AK HOUSE MUSEUM 11:00-16:00 870 SHJ	FAMILY FUNDAY  KESTEVEN 12:00 - 18:00 871 1JQ	•	•	
10	19	20	21	22	
REDWOOD ROAD PARK 11:00 - 16:00 WS5 4LB	0AK HOUSE MUSEUM 11:00-16:00 B70 8HJ	PLAY DAY EVENT BROMWICH HALL MUSEUM 12:00 - 18:00 871 2EA	•	MARL HOLE PARK 11:00 - 18:00 870 9NT CHALEMONT PLAYING FIELD 11:00 - 16:00 871 3PJ	
25	26	27	28	29	
•	BROMWICH HALL MUSEUM 10:00 - 15:00 B71 2EA	KENRICK PARK 11:00 - 18:00 B70 6DU	CHALEMONT PLAYING FIELD 11:00 - 16:00 B71 3PJ	MARL HOLE PARK 11:00 - 16:00 B70 9NT	

## OLDBURY

## **AUGUST 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
•	•	PLAY DAY EVENT LIGHTWOODS PARK 12:00 - 16:00 B67 5DP	•	TIVIDALE PARK 11:00 - 16:00 B69 2HU
4	5	6	7	0
•	•	PLAY DAY EVENT SANDWELL VALLEY 12:00 - 16:00 B71 48G	LANGLEY PARK 11:00 - 16:00 869 4SL	•
11	12	13	16	15
•	•	•	LANGLEY PARK 11:00 - 16:00 B69 4SL	TIVIDALE PARK 11:00 - 16:00 869 2HU
10	19	20	21	22
•	•	PLAY DAY EVENT BROMWICH HALL MUSEUM 12:00 - 16:00 871 2EA	LANGLEY PARK 11:00 - 16:00 869 4SL	TIVIDALE PARK 11:00 - 16:00 869 2HU
25	26	27	28	29
•	•	•	LANGLEY PARK 11:00 - 16:00 B69 4SL	TIVIDALE PARK 11:00 - 16:00 869 2HU



Sandwell welcomes thousands of children and young people to participate in enriching activities, create the best experiences and grow in confidence - providing opportunities to play, have fun, learn new skills and make memories that will last a lifetime! For more information about the programme and to find activities near you click HERE



Explore things to see and do in Sandwell, discover unexpected hidden gems, browse what's on in each of our Towns and join in with the colourful and diverse calendar of festivals and events – have a browse HERE

## Planning ahead......



## Free online workshops......

# Free online workshop





As parents we want our children to eat well - and to enjoy mealtimes together

Come along and get support and new ideas for:

- How to encourage your child to try new foods and begin to enjoy them!
- Child-friendly foods that provide what they need to grow and be healthy
- Happier family mealtimes

#### Event details:

8 September 2025 Time: 19:00-20:15

For more information and to book please contact-

debi.madden@barnardos. org.uk

# **Eating well for less Free workshop**





Would you like to eat more healthily as a family, but you're not sure where to begin or how to manage it without breaking the bank?

This workshop helps the whole family to eat well for less including:

- Tips for a cheaper, healthy shopping basket
- Healthy meal planning to make the most of the food you buy
- Recipes for tasty, simple and healthy low-cost meals

#### Event details:

online

Tuesday 18 September 10:00-11:30

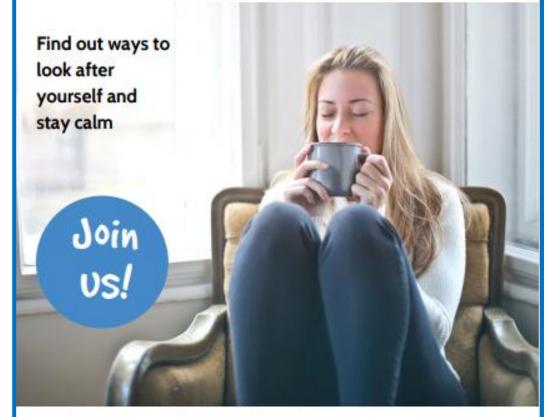
For further information or to book a place please contact Debi Madden

debi.madden@barnardos.org.uk

## Looking after ourselves

## Free online workshops





Family life can be stressful. This workshop helps you to find ways to look after yourself and stay calm so you can juggle everything better.

#### Come along and:

- Understand the benefits of recharging our batteries for emotional and physical health
- Share feelings and develop realistic expectations and coping strategies
- · Overcome feelings of guilt and failure
- Gain practical strategies to reduce the stresses of family life

#### More information

Time: 19:00-20:30 22 September 2025

Book with:

debi.madden@barn ardos.org.uk

## Understanding children's behaviour



## Free online workshops



## Come along and:

- Understand feelings and needs behind children's behaviour
- Discover the importance of listening to children, and how it can support meeting their needs
- Explore responding with empathy, and how it can positively influence children's behaviour

#### More information

Online 10:00 - 11:30 Tuesday 30th September 2025 To book a space contact: debi.madden@barn ardos.org.uk