

Sing songs and rhymes to me that involve movement or tickles. Songs might involve arm or leg or finger or toe movements or whole body as in being held and rocked.

Add pauses so you can see if I am enjoying the song. Do I still? Do I move my arms and legs?

Use different voices when you are singing—try whispers, humming, and silly sounds. Watch me closely to see what I like.

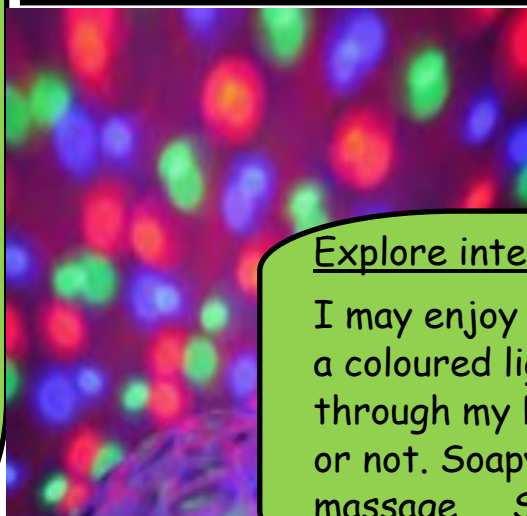
Interactions Bring your face close to mine so I can see you and give me lots of smile!

I may sometimes make sounds. Can you respond to my own sounds by making the same sound I did once I stop? See if I respond to hearing your sounds.

If you have a microphone you can make my sounds louder. What will I think of that!

PSHE—STEPS 1-3

I may have times when I am passive and other times when I show I am more aware as you interact with me and support me to explore the world with you.



Sing songs to me at routine times of the day such as bath time.

I may be passive some of the time but keep going. I may show you in small ways what I am aware of you. This might be in a slight smile, looking in the direction of your voice or making sounds in response to seeing or hearing you.

Explore interesting sensory objects and materials with me

I may enjoy Sensory lights like a plug in disco globe to create a coloured light show. Gentle vibrating toys that I can feel through my body.- watch my face so I can show you if I like it or not. Soapy bubbles that can be used for hand or foot massage. Smells and tastes are fun to experience.

TACTILE PLAY Explore objects and materials on or over my body to music. Try different kinds of music to see what I respond to best. Such as the movement of a paint roller / paint brush/ chiffon scarf to the rhythm of the music OR explore dance movement to pieces of music—move my arms, legs or whole body to the rhythm of the music. Look on the website as staff have saved Dance massage and TAC PAC packs.