

Anticipation games and rhymes are brilliant at this step and are loads of fun!

-Hiding-1,2 peekaboo! (from under a hat/ from behind hands or a scarf)

-Row the boat and anticipating the shout when you see the crocodile!

-1,2, tickle you, 3,4 tickle some more- tickle, tickle, tickle (finger tickles/ tickle duster)

-Blowing bubbles...1,2 blow! A bubble machine will enhance the fun!

-Wafting a scarf or parachute -up, up, up.....down, down, down/ fast and slow/ high and low

PSHE—STEPS 4 and 5

I may be anticipating interactions with you and other familiar people, events and objects



Lots of repetition in activities

Be in tune with what your child likes and doesn't like and how they show this. You can explore more and more of what they like

Treasure baskets are great to offer for your child to reach into. You only need a few things to grab your child's interest. These can go on a floor mat, into a basket or hung from a frame to reach to and grab.

- shiny things
- spiky things
- noisy things
- smelly things and things to taste

They might explore objects by putting them to their mouth.

Help your child to develop awareness of their own body by supporting to explore messy materials over hands and feet. Watch how they respond- make it all fun!



Intensive interaction Respond to your child's vocalising by copying their sounds when they finish or join in with them. Did they notice? Respond back using your child's sounds.

Draw their attention with funny sounds to listen to and make their own sounds to in response- like blowing raspberries!

A microphone will add to the fun if you have



TACTILE PLAY and movement to music

Explore objects and materials on or over my body to the rhythm of the music. Use the same music to see if I anticipate what is about to happen! I may laugh/ smile/ increase my body movement or become still as I get ready for the movement or object!