

PSHE—STEP 11 and 12

Create a happy box with a small number of items in that I like. I can go to this box if I need to cheer up when I am feeling sad.

I need routine. I don't like change so please let me know what is going to happen next.

Share story books with me.. Let me join in the story with you where there are repeated sounds and actions to do. The Gingerbread man, Three Pigs, Goldilocks and The Bear Hunt are fun to share.

I am more interested in other children -I am getting better at turn taking but still need support with this and with sharing.

I like pretend play and dressing up

I can tell you if I am feeling happy or sad

I will use words like I, me, mine, my.

I can find my coat, my bag , my cup., my shoes.

I know what is mine!

Put my toys in my toy box so I know where to find them.

Give me construction toys—to explore: Lego/Duplo , stickle bricks ,brio, building blocks, playdough., shape sorters, stacking toys, puzzles.

I can explore and problem solve as I play.



I am really active and curious and like to explore new places but please help me by pointing out any dangers to keep me safe.

Help me make healthy food choices

I understand 'no' and will follow rules and boundaries if they are clear and consistent. Sometimes I don't like to hear 'no' and I might be grumpy. Praise me when I get this right.



I am becoming more independent and can do some things for myself. Please encourage me to do this. I could get my own breakfast cereal, try to dress myself, get my bag for school.. Please tell me well done

when I try to do things for myself. But encourage me to ask for help if I need it too. I can make choices.

I can help with some jobs around the house. I like to help.



I like to dress up and play make believe. I will play with big empty card board boxes and begin to use my imagination in a game. We could go on a pretend journeys to the shops or the seaside!

I can pretend that objects are something else—a plastic bowl could be a helmet, my box a car.

I like to play make believe with dolls, teddies actions figures, cars, trains, play food.

I might talk to my toys and make sounds for them as I pretend play.

Do I know who to / how to ask for help if I am hurt, worried or scared.