

Imaginative play

I enjoy role play and dressing up especially with my friends. I need some dress up clothes and props like wigs, glasses, dress up shoes. I need a mirror to see what I look like.

Cardboard boxes make great cars, trains or boats.

I can be a doctor, a police officer, a hairdresser, have a play shop. I just need you to help me with simple props to play.

Encourage me to tidy up my own toys!

Talk about feelings. What makes us feel happy, sad, angry, scared? Help me manage strong emotions so that when I feel angry you can help me as we have talked about a way to calm myself. I might choose to: blow bubbles, finger breathing, humming, go to my happy box and choose something I love, have a hug, listen to some music.

Help me understand why I feel sad / angry but that this is ok. Everyone feels like this sometimes.

PSED—STEP 15 and 16

I am really curious about other people and I will seek out peers to play with.

I can share and take turns.

I know there are rules I need to follow to keep safe.

Give me helping jobs to do at home and when we are out, so I can understand the importance of being kind and caring and helping others

Help me make healthy food choices

Give me lots of praise and tell me about all the things you love about me and all the things I do well.

Help me understand some of the dangers around the home—electricity, hot water, sharp knives, scissors medicines- help me to keep safe.

Make sure I know who/ how to get help including from emergency services .

Remind me when to say please, thank you and sorry and explain why I am doing this.

Talk to me about things I like / don't like to do . Support me to try out new things and to 'have a go'

I am much more independent and can organise activities by finding the things I need and setting them out for myself and others. It will help me if things are stored in labelled boxes and I know where to find them. (this might be my toys or my paints and craft activities)

Encourage me to do as much as I can independently- self care and dressing/ undressing.

Construction I am really good at creating structures using construction toys and small world play -like Duplo/Lego, stickle bricks ,brio, building blocks, playdough., shape sorters, stacking toys, puzzles., cars, play farms, dolls house, sand and water play. I can collect what I need and lay it out how I want to. This sort of play helps me make sense of the world. I can explore and problem solve as I play.

