



AI Top Tips for Parents and Carers

Understand where AI Technology is used and the impact

- From summaries on search engines to voice assistants and photo editing tools, AI powered features are being added to many of the apps and devices we use.
- Look out for information and warnings notifying you where AI technology is in use or where content has been created by AI.
- Remember AI can make some tasks simpler but it may collect data about you and your family.
- AI can share unreliable information.

What to do if something goes wrong

- Some AI tools have built in reporting features where you can raise an issue such as inappropriate or harmful content.
- Most social media platforms have a report tool you can use to report content that has been created using AI.



AI generated content can break the law

- If you see illegal images that show child sexual abuse including those that are created using AI you should report these to the Internet Watch Foundation.
- If someone creates an image of you or your child using AI these should be reported.
- AI generated nude images can be reported to Stop Non-Consensual Intimate Image Abuse (Stop NCII)

Enjoy going online together

- Spending time online together with family is an important learning experience for the youngest internet users.
- You can supervise their usage and guide them to make the safest choice.

Make use of settings and Controls

- Parental controls and other safety settings can help protect your child from online harms, including upsetting or inappropriate content.
- Think about how your child uses technology, for example if you have a smart TV or a voice assistant at home, and explore specific settings to support your household.

