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Dear Parents and Carers,

On **Tuesday 10th February 2026**, our school will be taking part in **Safer Internet Day**. This will be incorporated into our **Healthy Schools Week from 8th-13th February**. This is a national event that helps schools, families and children learn how to use technology safely, kindly and responsibly.

This year's theme is:

"Smart tech, safe choices- exploring the safe and responsible use of AI."

What does this mean?

Technology is part of everyday life, and this includes smart technology such as tablets, phones, apps and tools that use Artificial Intelligence (AI). AI can help with things like:

- Voice assistants (e.g. Siri, Alexa)
- Learning apps
- Games and videos that respond to the user

While technology can be very helpful and enjoyable, it is important that children are supported to use it safely and appropriately, to understand risks or make safe choices.

What will we be doing in school?

All activities will be adapted to meet the needs of our pupils and will be:

- Sensory-based and accessible
- Supported by familiar adults
- Focused on positive use of technology

Pupils will explore at an appropriate level:

- Using devices safely with adult support
- Understanding that not everything online is real or safe
- Asking an adult for help when using technology
- Taking turns and using devices kindly

How can you support your child at home?



You don't need to be an expert in technology. Small steps can make a big difference:

- Use devices together where possible
- Keep screens in shared family spaces
- Use parental controls and child-friendly apps
- Talk to your child (in ways they understand) about asking for help if something worries them
- Set clear routines around screen time

Supporting safe use of voice-assisted AI at home

Many homes use voice-activated devices or apps that respond when spoken to. These can be helpful but should always be used with adult supervision.

You can help by:

- Turning off voice assistants when not in use
- Making sure your child only uses them with an adult present
- Explaining simply that the device is a machine, not a person
- Helping your child understand they should not ask the device for personal information
- Modelling safe use by showing how you ask simple, appropriate questions

Our commitment

Keeping children safe online is an important part of our safeguarding work. Staff regularly receive training, and we carefully choose digital resources that are suitable for our pupils' needs.

If you have any questions or would like advice about online safety at home, please contact the school. We are always happy to help.

Thank you for your continued support.

Kind regards,

The Safeguarding Team and PSED lead

