



Visual Stimuli

Allow me to develop my awareness of the environment by changing the lights and allow me to explore different colours and materials.



EAD Home Learning Step 1, Step 2 and Step 3



Auditory Stimuli

Allow me to develop an awareness of sound by playing different types of music for me to listen too. Try singing to me and playing different instruments for me to listen too and respond to. Try linking the auditory stimuli to movement.



Tactile Stimuli

Allow me to explore and increase my awareness when touching different materials. Help me use my hands and feet to touch wet, sticky, dry, soft, hard, smooth and rough materials such as paint, sand, dough or instruments.



Movement

Allow my body to experience different movements. Hold me so I can feel my whole body moving or hold my hands and help me to sway. Help me to feel different movements such as bouncing, swinging and rocking. Try combining movement with auditory stimuli.