

DIFFERENTIATED SENSORY PLAY ACTIVITY SUGGESTIONS

Grading / consistency	Non-Food Item's	Activity Suggestion
Level 1 – Dry	Dry sand, cotton wool, felt, velour, sequins, crinkly paper, polystyrene	Finding themed objects in the sand, exploring feely bags / treasure boxes, walking on different textured materials
Level 2 – Mixed	Wet sand, play dough, paint with rollers / sponges, glue and glue stick	Building sand castles, painting pictures (topic based), making collages (topic based)
Level 3 – Wet	Shaving foam, cornflour and water, general water play, finger painting	Making paper plate faces with shaving foam, finding objects in cornflour mix (topic based), finding coloured ice cubes in cornflour mix, handprint pictures (topic based), cooked spaghetti pictures (topic based)

Grading / consistency	Food Item's	Activity Suggestion
Level 1 – Dry	Lentils, crisps, rice cakes, uncooked pasta, grated cheese, marshmallows, digestive biscuits, dry cereals, bread	Finding themed objects in the lentils, sorting food into groups, posting activity, decorating a picture (topic based, no sticking), threading cheerios
Level 2 – Mixed	Cooked pasta, cheese strings / spaghetti, grated carrot, fruit segments, tomato / cucumber segments	Making paper plate faces, decorating a picture (topic based, using cheese spread / sauce to stick), decorating biscuits, making rice crispie cakes, making jam sandwich / cutting out shapes in bread (shape based)
Level 3 – Wet	Jelly, custard, yoghurt, angel delight, cheese spread, squirty cream, icing and sauces, mashed potato, spaghetti/beans in sauce	Finger/handprint pictures (topic based, using sauces and dry food items), cooked spaghetti pictures (topic based), make a train using banana/cucumber for wheels and squirty cream for smoke, find toys in jelly/custard/squirty cream/baked beans, paper plate faces using wet food items