

Parents/Carer's

We often get asked at the Orchard, what would be useful presents for children to support their learning. Here, is a gift wish list with items to support home learning for Independence - if you wish to purchase any.

Step 1 – 3

- Sensitive baby cream/oil for massage—this can be done whilst listening to favourite CD's.
- Foot Spa's—for relaxation and stimulation.
- Favourite character toothbrush and bath wash



Step 4

- Scented oils & massage rollers.
- Hand held mirrors.



Step 5 - 6

- Dressing up dolls—motivate them for dressing/undressing. Talk children through how dressing works.
- Character cutlery and cup



Step 7 - 8

- Favourite CD to help motivate children at personal care times.
- Different types of toothbrushes.
- Character cutlery



Step 9 - 10



- Activity boards to practice fastenings.
- Handheld mirrors - for teeth brushing
- Meal time reward plates- encourage your child to try new food/textures
- Character soap and personalised towels.



Step 11 - 12



- Dolls head to practice hair brushing.
- Musical toothbrush - timed to encourage your child brush for longer.



to



- If you felt it was appropriate - a potty to start toilet training.

Step 13 - 14

- An activity board to practice fastenings.
- Reward charts and stickers for toileting!



- Small activity table - a regular place to practice hand washing with a bowl.
- Obstacle course equipment - to help learn about effects of exercise.

Step 15 - 16

- Healthy and unhealthy food books and sorting activities,
- Activity boards to help with dressing & undressing skills.
- Personalised cutlery.
- Personalised clothes - something with their name on to encourage them to want to wear it and practice they're skills.
- Reward charts for tooth brushing.
- Character wash mit's to encourage them to wash with as much independence as possible at this stage.



I hope this gives you some gift ideas to help support teaching Independence skills at home—should you need them.