

Positioning:

Child to be positioned in front facing towards while bouncing their arms to the rhythm, sitting on lap and bouncing, or over a physio ball as appropriate

Bouncing

(Nick Butterworth)

Bouncing, bouncing,
Bouncing up and down.
Bouncing always makes me smile.
It's hard to bounce and frown.

(Pause and give the child the opportunity to express that they want to continue. If necessary, ask "Do you want more bouncing?")

Bouncing, bouncing,
Bouncing high and low.
When I finish bouncing,
I'll have another go.

(Pause and give the child the opportunity to express that they want to continue. If necessary, ask "Do you want more bouncing?")

Bouncing, bouncing,
Is such a lovely feeling.
Once, I bounced so high, my head
Nearly touched the ceiling!

(Pause and give the child the opportunity to express that they want to continue. If necessary, ask "Do you want more bouncing?")

Bouncing, bouncing,
With a friend or two.
Actually, we're more than that
We're really...quite a few.

(Pause and give the child the opportunity to express that they want to continue. If necessary, ask "Do you want more bouncing?")

Bouncing, bouncing,
Is fun for all of us.
We never bounce with shoes on,
(That is dangerous.)

(Pause and give the child the opportunity to express that they want to continue. If necessary, ask "Do you want more bouncing?")

Bouncing, bouncing,
My friends are out of puff.
I could bounce for ever,
But my friends have had enough.

(Pause and give the child the opportunity to express that they want to continue. If necessary, ask “Do you want more bouncing?”)

Bouncing, bouncing,
Twisting round and round.
I wonder why my tummy
Makes that funny sound.

(Pause and give the child the opportunity to express that they want to continue. If necessary, ask “Do you want more bouncing?”)

Bouncing, bouncing
I'd better stop – and quick!
I had a glass of milk just now
And I'm feeling...