

## Write Dance

### What is write dance?

Write Dance is an approach and a method that provides movement opportunities so children can develop the physical skills needed to develop their handwriting skills. The movement is driven by the music and the underlying principle is enjoyment to build confidence. Rhythm is closely linked to rhyme and children are encouraged to use their voices to describe the actions as they move and dance.

### Why do write dance?

Mark-making and 'movement drawings' ensure that the children progress from whole body dance moves to fine- motor movements with fluency and speed.

The basic concept around write dance is to encourage children to use their whole body to make big movements linked to early writing skills. This movements may include:

- Making big circles with your arms
- Pointing with your finger to make circles going round and round.
- Pointing and poking in the air.
- Making zig zag lines in the air.
- Using your arms to move up and down like a rocket movement.
- Move your arms side to side in one big movement.



This is usually done to a piece of music of your choice with the adult showing the children what movements to do and then the child to copy. As children develop the confidence in copy big movements in the air with their own body you can then move onto using mark makers on paper.

These write dance movements help children develop their early writing skills. Children with well-developed coordination are likely to develop good handwriting skills because they have learned to cross the midline with ease.

### When do we do write dance?

We will use write dance as our introduction to writing sessions 2-3 times each week.

### What do you need to do a dough disco?

- Music
- Ribbons or Light Wands
- Crayons/Felts/Paints/Brushes/Sponges
- Paper

- Symbols – to support pupils understanding of actions.

