



Literacy—Reading

Home Learning Step 1—3

(0—2 months)

Tactile stimuli

Share a sensory story / Tac Pac with me and watch to see if I show an awareness when touching different materials. Encourage me to use my hands, or gently brush different materials (wet, soft, hard,) on my body to see if I react to them.

Suggested stories/ rhymes

How does your garden grow
Row row your boat
Hickory dickory dock
The terrible tickle
Two hands
Two feet
Little bunny
Along came a bedtime

Movement

Sit with me and do a wide range of on body interaction rhymes with me. Hold me so I can feel my body moving. Swap my arms and help me feel different movements such as bouncing swinging etc.

Vibrating stimuli

Share various interaction songs with me using instruments that vibrate such as ocean drums, pull string toys, resonance boards and allow me to feel the vibrations

Auditory stimuli

Sing a range of lullabies and interactive songs with me. Watch and see whether it soothes me and whether your child tunes into the songs. Use instruments while singing do I enjoy listening to a particular sound, do I still and stop

